



# March 2017



Program:

Paul Lindfors: Newfoundland

March 11, 2017 ~ 11:00am

Heritage Room, Bethlehem Lutheran Church, Mankato

Sons of Norway Elvingsvingen Board Members:

President: Karen Abbptt 381-3290  
Vice President: *Vacant*  
Secretary: Lois Kitzmann 344-1684  
Financial Secretary: Linda Stelter 388-7139  
Treasurer: Lynnell Pemble 245-3805  
Editor: Beth Barriga 202-1269  
Past President: Dean Kluge 317-0683  
Social/Cultural Director: John Bungum 327-1278

*The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.*

**March Servers**

Duane & Janice Ahlness  
Eric Ahlness  
Mary Anderson  
Genevieve Carlson  
Viola Gunsolus  
Dean & Cathy Kluge  
Jim & Shirley Moody  
Lois Otto  
Roger & Millicent Hanson  
Gudrun Kjelshus  
Elizabeth Mueller  
MarianQualset  
**Co-Chairs:** Lois Anderson and Delores Buege

*Think ahead...Please bring a canned good item for the food self to our April program. Thank you!!!*

**Scholarship Winner!!!**

William Stelter (8) is going to Skogfjorden Language Village Camp this summer, June 19-24 for one week. Congratualtions, William!!!

## Sons of Norway ~ Elvessvingen Chapter 1-582

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### *Hilsen Fra Presidenten, Karen Abbott*

We had a fun time in February playing Bingo and I would like to thank Mark De Garneau for calling numbers in Norwegian and Lois Kitzmann for purchasing, wrapping and handing out the prizes. Also, thanks to the serving committee for the delicious lunch they provided and thanks to Dorothy Redding for her lovely valentine themed center pieces. As we enjoyed our lunch, we were also serenaded by a barbershop quartet from the Mankato Riverblenders! Come join us on March 11th as Paul Lindfors shows slides and tells about his trip to Newfoundland and find out what interest Newfoundland would have to Norwegians.

Mark your calendars for the International Festival at MSU on April 9th from 11 a.m. to 4 p.m. Elvessvingen will again have a table there and we can use more volunteers to visit with passersby who have questions about Sons of Norway, Elvessvingen Chapter, or Norway in general. If you have never been to the International Festival, try to check it out this year.

Another thing to start thinking about is that the next District Convention will be in Rochester, MN in 2018. Who will want to go as Elvessvingen delegates? And, the International Convention will be in Bloomington, MN in 2018. This puts our District 1 in the spotlight for 2018!

I see by my Norway calendar that March 8th is International Women's Day or Den Internasjonale Kvinnedagen. The website 'Norway.or.kr/News\_and\_events' states that Norway was the first independent country in the world to introduce universal suffrage for both men and women when the universal right to vote was introduced in the 1913 general election. Two years later, the International Women's Day was first celebrated in Norway in 1915. The 8th of March this year is therefore the 102nd anniversary of Women's Day celebrations in Norway. The first observance took place in Oslo, during a large peace gathering for women. The main speaker was the Russian feminist Alexandra Kollontai. Kollontai would later go on to become the world's first female ambassador, when she was appointed as Soviet ambassador to Norway.

Since then, Norway has become one of the most gender-equal societies in the world. In addition to promoting a gender perspective on conflict and peace negotiations, Norway also works through multilateral bodies in highlighting the necessity of women's rights and gender equality for economic growth and sustainable development. The Norwegian experience is that it is in the interests of society as a whole to invest in health, education and certain types of infrastructure that release more time, particularly for women, for value creation and societal and political participation.

“For me, promoting women's rights is not just the right thing to do. It is also the smart thing to do.” said foreign minister Børge Brende at the World Woman Festival in Oslo earlier this year. “Without the participation of women, development suffers, democracy suffers and peace and stability suffer.”

It is for these reasons that Norway strives to be a global champion of female rights and gender equality. And it is for these reasons that this historic day is used to highlight the long history of women's liberation in Norway.

I hope that all of Elvessvingen's women will feel special on International Women's Day!



**Happy Birthday!**



### March

Roger Saman	3
Sonja Swanson	3
Arlys Sletta	10
Pamela Borchert	11
Cathy Kluge	17
Deloris Saman	25
Viola Gunsolus	29
Sheryl Sheimo	30
Adrian Lo	31



### da yokes on you!

Lars asked Ole, "Do ya know da difference between a Norwegian

and a canoe?" "No, I don't," said

Ole. "A canoe will sometimes tip," explained Lars.

### Tubfrim Winner Announced

Dean Kluge and Lois Otto are our chairs for the Tubfrim stamp program. Many of you collect and turn in stamps for this program. The District announced the last winner of the trip with the following announcement from their newsletter:

Friday, Jan. 13, 2017, was a lucky day for Venenskap 1-554 in Canby, MN. Drawn from over 1000 other cards, the lodge was the winner of the Tubfrim drawing to give away an airline ticket to Norway, worth up to \$1,000. With each card representing one pound of collected stamps, Sons of Norway sent at least 1,084 pounds of stamps to Tubfrim in 2016. Venenskap contributed 21 pounds to that total. This past year, 70 lodges participated in the program, clipping 1,626,000 stamps. For over 30 years, Sons of Norway members have been clipping canceled postage stamps and sending them to Tubfrim, who then sells them to dealers and collectors. Originally, the money raised went to help children afflicted by tuberculosis. Since tuberculosis is no longer the threat to health that it once was, the proceeds from the resale of stamps now helps to improve the quality of life for children and youth with disabilities and special needs. Sons of Norway members are the largest contributor outside of Norway to Tubfrim's efforts, sending nearly 30 percent of all stamps collected.

### Thank you for the lefse chairs

The board would like to thank Kathy Bruss and Phyllis Olson for chairing the Lefse Bake again this past November. They did an exceptional job in leading the workers who turned out hundreds of rounds of lefse. Due to Kathy and Phyllis's efforts, we had a successful sale at the Madison East Holiday Expo. People told us over and over again that they came back to the Sons of Norway's tables to get the delicious lefse. Kathy and Phyllis have resigned from chairing the Lefse Bake and we will need someone to step up and take over this fall. Please consider helping out Elvesvingen in this endeavor.

Continue saving your stamps, and bring them to the meetings!

# Sons of Norway ~ Elvesvingen Chapter 1-582

## *Pictures from our February meeting*



Dorothy Redding presents her Valentine cookies



Red themed Valentine table decorations



Which cookie to choose?



We were all pleasantly surprised by the Mankato Riverblenders. We had an enjoyable meal and entertainment for all ages.

Bingo was another exciting time for all ages. One card, or two, everyone wanted to win!



Kris Norland and Joel Botten



Beth and David Barriga



Marian Qualset and Delores Buege



Karen Abbott & Mark De Garneau did the honors of calling Bingo in Norwegian and English



Marian Qualset won the Norwegian clock!



Linnea and John Bungum enjoying Bingo

### **Two Recipes for Microwave Rømmegrøt**

Identical ingredients, but directions each a bit different... Good luck!

#### **MICROWAVE RØMMEGRØT**

Melt 1 cup butter (microwave 45 seconds.)  
Add 1 cup flour and stir until smooth  
While butter is melting, heat 3 cups half/half and 1 cup milk until film forms on top.  
Add to butter and flour mixture.  
Heat in microwave 2 minutes.  
Stir and heat 1 minute more until desired thickness. Add 1/4 cup sugar and 1/2 tsp. salt and blend. Serve with melted butter and cinnamon/sugar.  
Recipe from Pat Geving, Vennekretsen Lodge

#### **RØMMEGRØT** (rask oppskrift) (quick recipe)

1 cup butter (melt in microwave)  
Whisk in 1 cup flour  
Add 4 cups of scalded whole milk  
Microwave for 4 minutes, or until the mixture thickens, whisking it at one minute intervals (4 times). Remove and add 1/4 cup sugar and 1/2 tsp salt. Whisk again and return to microwave for 30 seconds.  
Makes 16 to 18 four oz servings.  
Recipe from Barbara Olson, Past D-1 Pres.

The International Festival is coming up in April! If you would like to help with our table, please contact Lois Kitzmann at 344-1684.



***If you have any requests or suggestions for future programs for the 2017-2018 year, please let one of the board members know. We would like your opinion!***

# Sons of Norway ~ Elvesvingen Chapter 1-582

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Sons of Norway  
Elvesvingen Chapter 1-582  
P.O. Box 1091  
Mankato, MN 56002

## **Calendar of Events**

### **Paul Lindfors: Newfoundland**

March 11 ~ 11am  
Heritage Room  
Bethlehem Lutheran Church

### **Larry Korteum: Living in a Log Cabin**

April 8, 2017 ~ 11am  
Heritage Room  
Bethlehem Lutheran Church

### **International Festival**

April 9, 2017 ~ 11-4  
Minnesota State University-Mankato

### **Check out the Information Table:**

- Pick up information on area events, travel, or SON financial products
- Sign up for events/volunteer opportunities
- View a copy of recent Lodge Minutes/Treasurer's Report

[www.sonsofnorwaymankato.org](http://www.sonsofnorwaymankato.org)

[www.sofn.com](http://www.sofn.com)

[www.facebook.com/mankatosonsofnorway](http://www.facebook.com/mankatosonsofnorway)